

Shutting Down Linux Distros on WSL

This guide shows how to shut down one or all your WSL distros using the `wsl.exe` command-line tool.

Terminating a Single Distro:

1. Open Command Prompt or PowerShell as administrator.
2. List running distros: `wsl --list --verbose`
3. Terminate a distro (replace `DISTRO-NAME`): `wsl -t DISTRO-NAME`
 - Example: `wsl -t Ubuntu-20.04`

Terminating All Distros:

1. Open Command Prompt or PowerShell as administrator.
2. List running distros (optional): `wsl --list --verbose`
3. Shut down all distros: `wsl --shutdown`

Verifying Shutdown (optional):

- After termination, run `wsl --list --verbose` to confirm all distros are "stopped".

Restarting a Distro:

- Launch the distro from the Start menu or use `wsl --distribution DISTRO-NAME` in Command Prompt/PowerShell.

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